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Back to table contents

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Citizens Defense Guide

Table of contents:

- 1. Foreword
- 2. Recommend books&videos to view
- 3. Household checklist
- 4. Hand to Hand combat
- 5. How to survive a hijacking
- 6. The world of terrorisms
- 7. Biological terrorisms
- 8. Chemical terrorisms
- 9. Nuclear terrorisms
- 10. Cyber terrorisms
- 11. Preparedness
- 12. Anthrax links
- 13. First aid
- 14. End time prophecy
- 15. Quick Reports
- 16. Free patriotic gifts

- 17. Survival store
- 18. Free stuff
- 19. **Disclaimer**
- 20. **Sponsors**

Before you read this ebook learn these definitions:

<u>Survive</u> - to remain alive or in existence after; to continue living or existing.

<u>Survivalist</u> - one who takes measures, as storing food and weapons, to ensure survival after economic collapse, nuclear war, etc.

<u>Survivor</u> - 1. one that survives 2.someone capable of surviving changing conditions, misfortune, etc.

Prepare - 1. to make ready 2. to equip or furnish 3. to put together 4. to make things ready 5. to make oneself ready

Preparedness - the state of being prepared, especially for waging war.

Disaster - any happening that causes great harm or damage; calamity.

Emergency - a sudden, generally unexpected occurrence demanding immediate action.



Citizens Defense Guide

Back to table contents

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Issue one: Foreword

Webmaster your welcome to upload this guide on your site

(To browse click the arrows above forward or backward)

We hope that this guide will stir in you a willingness to continue to pursue the American dream. We all must become diligent in our learning, courageous in our actions, and fearless in our hearts. Its the primary evil of man that manifested on 9-11 that challenges us to overcome those forces. We must continue to trust in GOD and pray without ceasing for freedom. Freedom is never given freely its paid for by blood, sweat, and the willingness to teach the history of such honorable sacrifices. Review the information in this guide and get the addition information and learn, learn, and apply. Pass this on as much as you can so others my become in formed. We love to get information from you for our next issues. Please joining our newsletter to get alerts that effects millions of people worldwide. May GOD bless you and protect you.

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Citizens books&videos

Back to table contents

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We recommend that you try to get as much information as you can. Try to become knowledgeable about nuclear, biological, chemical, preparedness, hand to hand combat, and even prophecy. Its always good to have books, tapes, and videos around the house. You must be online to view.

Biological, chemical, nuclear, and preparedness books

- 1. Living Terrors: What America Needs to survive...
- 2. Germs: Biological Weapons and America's secret war
- 3. <u>Combating Chemical, Biological, Radiological, and Nuclear Terrorism : A Comprehensive Strategy : A Report of the Csis Homeland Defense Project)</u>
- 4. Guide to Emergency Survival Communications
- 5. U.S. Army Survival Manual
- 6. The Worst-Case Scenario Survival Handbook

Prophetic

- 1. The Battle For Jerusalem
- 2. Wrath and Glory: Unveiling the Majestic..._
- 3. Terror Over America
- 4. The Complete Bible Prophecy Chart...

Hand to Hand combat: Krav Maga

cover

- 1. Krav Maga: How to Defend Yourself (book version)
- 2. Krav Maga Full Video Set(All Tapes)
- 3. Krav Maga: Basic Combatives Combative (video)
- 4. Krav Maga: On The Edge Defending from a knife attack (video)
- 5. Krav Maga: Line of Fire Defending from a gun (video)
- 6. Introduction to Krav Maga: History (video)

Other good books&tapes

- 1. The Burden of Freedom
- 2. The Art of War By Machiavelli
- 3. The Art of War By SUN TZU
- 4. Facing Evil: Confronting the Dreadful
- 5. The Secure Home
- 6. The Sword of Allah, the rise of Islam (audio)

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Back to table contents

Recommend book: <u>A Comprehensive Strategy: A Report of</u> the Csis Homeland Defense Project

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Must have: Send and receive money in emergency over the net for free click here if your online:



In an emergency it good to have one and extra credit card .<u>Click here to design your own American</u> artistic credit card free.

Create an Emergency Plan (F.E.M.A)

- Meet with household members. Discuss with children the dangers of fire, severe weather, earthquakes, and other emergencies.
- Discuss how to respond to each disaster that could occur.
- Discuss what to do about power outages and personal injuries.
- Draw a floor plan of your home. Mark two escape routes from each room.
- Learn how to turn off the water, gas, and electricity at main switches.
- Post emergency telephone numbers near telephones.
- Teach children how and when to call 911, police, and fire.
- Instruct household members to turn on the radio for emergency information.
- Pick one out-of-state and one local friend or relative for family members to call if separated by disaster (it is often easier to call out-of-state than within the affected area).
- Teach children how to make long distance telephone calls.
- Pick two meeting places.

- 1. A place near your home in case of a fire.
- 2. A place outside your neighborhood in case you cannot return home after a disaster.

Take a Basic First Aid and CPR Class

• Keep family records in a water-and fire-proof container.

Prepare a Disaster Supplies Kit

• Assemble supplies you might need in an evacuation. Store them in an easy-to-carry container, such as a backpack or duffle bag.

Include:

- A supply of water (one gallon per person per day). Store water in sealed, unbreakable containers. Identify the storage date and replace every six months.
- A supply of non-perishable packaged or canned food and a non-electric can opener.
- A change of clothing, rain gear, and sturdy shoes.
- Blankets or sleeping bags.
- A first aid kit and prescription medications.
- An extra pair of glasses.
- A battery-powered radio, flashlight, and plenty of extra batteries.
- Credit cards and cash.
- An extra set of car keys.
- A list of family physicians.
- A list of important family information; the style and serial number of medical devices, such as pacemakers.
- Special items for infants, elderly, or disabled family members.

Escape Plan

In a fire or other emergency, you may need to evacuate your house, apartment, or mobile home on a moment's notice. You should be ready to get out fast.

Develop an escape plan by drawing a floor plan of your residence. Using a black or blue pen, show the location of doors, windows, stairways, and large furniture. Indicate the location of emergency supplies (Disaster Supplies Kit), fire extinguishers, smoke detectors, collapsible ladders, first aid kits, and utility shut off points. Next, use a colored pen to draw a broken line charting at least two escape routes from each room. Finally, mark a place outside of the home where household members should meet in case of fire. Be sure to include important points outside, such as garages, patios, stairways, elevators, driveways, and porches. If your home has more than two floors, use an additional sheet of paper. Practice emergency evacuation drills with all household members at least two times each year.

Home Hazard Hunt

- In a disaster, ordinary items in the home can cause injury and damage. Anything that can move, fall, break, or cause a fire is a potential hazard.
- Repair defective electrical wiring and leaky gas connections.
- Fasten shelves securely.
- Place large, heavy objects on lower shelves.
- Hang pictures and mirrors away from beds.
- Brace overhead light fixtures.
- Secure water heater. Strap to wall studs.
- Repair cracks in ceilings or foundations.
- Store weed killers, pesticides, and flammable products away from heat sources.
- Place oily polishing rags or waste in covered metal cans.
- Clean and repair chimneys, flue pipes, vent connectors, and gas vents.

If You Need to Evacuate...

- Listen to a battery-powered radio for the location of emergency shelters.
- Follow instructions of local officials.
- Wear protective clothing and sturdy shoes.
- Take your Disaster Supplies Kit.
- Lock your home.
- Use travel routes specified by local officials.

If you are sure you have time ...

- Shut off water, gas, and electricity, if instructed to do so.
- Let others know when you left and where you are going.
- Make arrangements for pets. Animals are not be allowed in public shelters.

Prepare an Emergency Car Kit Include:

- Battery powered radio and extra batteries
- Flashlight and extra batteries
- Blanket
- Booster cables
- Fire extinguisher (5 lb., A-B-C type)
- First aid kit and manual
- Bottled water and non-perishable high energy foods, such as granola bars, raisins and peanut butter.
- Maps

- Shovel
- Tire repair kit and pump
- Flares

Fire Safety

- Plan two escape routes out of each room.
- Teach family members to stay low to the ground when escaping from a fire.
- Teach family members never to open doors that are hot. In a fire, feel the bottom of the door with the palm of your hand. If it is hot, do not open the door. Find another way out.
- Install smoke detectors. Clean and test smoke detectors once a month.
- Change batteries at least once a year.
- Keep a whistle in each bedroom to awaken household members in case of fire.
- Check electrical outlets. Do not overload outlets.
- Purchase a fire extinguisher (5 lb., A-B-C type).
- Have a collapsible ladder on each upper floor of your house.
- Consider installing home sprinklers.

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Back to table contents

Recommended: <u>Krav Maga: How to Defend Yourself (book version)</u> <u>Krav Maga Full Video Set(All Tapes)</u>

Krav Maga

Official Isreali System Of Self Defense

History

Krav Maga first appeared approx. 40 years ago, making it one of the most modern self defense methods. It was created for use by the Israeli Defense forces. The IDF needed to teach self defense to a variety of people with varying abilities in a very short amount of time. Krav Maga was integrated into army training by Imi Lichenfield, a career IDF officer and chief instructor at the armys physical training facility at Wingate Institute. Imi is still active involved in the Krav Maga Association and maintains the role of president.

Through the years, the system came to be used not only by the IDF but also by Israeli's security forces, the Mosad and the police. This system is computer tested, reexamined and adjusted on an ongoing basis. Krav Maga focuses on building readiness, physical fitness and confidence. Krav Maga is taught in many public schools in Israel.

Content

The style includes techniques utilized in Aikido, Karate, boxing, Judo and Jujitsu as well as a variety of techniques from a number of less well known defense methods.

The style looks to build on a persons natural reflexes so that initially, the student can build up a repetoire of simple but effective techniques for various threating situations including **necklocks/chokes/bear hugs/shirt holds and arm grabs**. Krav Maga has no katas or specific sequences that must be followed. Students use the basic/core sequence of moves in conjunction with any one of a number of other dynamic moves to fend off an attack, the key idea being adaptability to new situations through improvisation. Also in the initial stages, students are taught to kick and punch effectively. The punching being drawn from boxing as opposed to the traditional martial art styles and low kicks to knee and groin being emphasized. Also the beginner is taught to be able to fall and roll correctly.

In later stages, restraining techniques along with **neck and wrist manipulation** are learned along with ground-based drills. At this stage, techniques for dealing with an armed opponent are introduced. Weapons include **stick**, **knife**, **gun**, and **bayonet rifle**. Also it is not assumed that you are always unarmed and so proficiency with a knife and stick are also taught.

As training continues, learning to deal with *more than one armed opponent* are introduced. These situations do not have specific sequences as predicting the actions of two people is near impossible and so the student must use and adapt what he has learned so far to cope with a '*chaotic*' situation.

At the highest levels, hostage situations are introduced i.e. drills to deal with a 3rd person being threatened with a gun also *Military techniques* of covert **debilitation and assassination** are shown.

Emphasis is put on **speed, endurance, strength, accuracy** and **co-ordination** especially for intensive Krav Maga training.

Attire/Equipment

Initially all a beginner needs to wear are - casual track suit bottoms, soft/light shoes and a t-shirt, the preferred color of the T-shirt being white.

However if training is progressed, other equipment gradually accumulated is shin-pads, groin cup, mouth guard, gi and a set of boxing gloves.

Purpose

A major difference between Krav Maga and other martial art forms lies in the fact that this style has no rules. The student is taught where vulnerable points on the human body are and is encouraged to use that knowledge in fending off an attack. This is a style that was developed for street use only. Due to this there are no competitive tournaments. Krav Maga has a belt ranking system. White belts for beginners, followed by yellow, orange, green, blue, brown and black. All certificates come direct from the Krav Maga Association in Israel.

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Note: After 9-11 the rules have changed. These are the classic rules of surviving a hijacking. So you should still learn these. All bets are still off!

Back to table contents

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Recommend book: (Combating Air Terrorism)

- 1. Travel with an airline that has no or few political enemies.
- 2. Do not wear Army or ex-Army clothing.
- 3. Do not carry on your luggage in Army issue bags or rucksacks.



- 4. If the plane is hijacked, keep quiet and don't draw attention to yourself.
- 5. Observe the terrorist's activities very carefully. If you do escape, you'll be able to help secure forces.
- 6. Stay in tourist class. 'Neutral' seating in tourist class is less likely to attract attention than first class. If the terrorists wish to show their determination, they may shoot hostages, and these are likely to have been chosen from passengers who are obviously important.
- 7. If kept in close quarters with a hijacker, talk about your own and his family. Making yourself a real, normal person in his eyes will be better. Don't talk politics.
- 8. If you can feign symptoms of sickness and keep it up, you may be released in an interim deal.

- 9. Don't wear religious or other insignia. The hijackers may not share your beliefs! No T-shirts with political slogans either!
- 10. Travel in loose, comfortable clothing. If you are hijacked you'll have to keep yourself cool, clean and healthy for some time. Play mind games to keep yourself sane.
- 11. Don't carry military documents on board. Pack them in your main luggage. If a hijacker finds out you're connected, you'll be singled out for rough treatment.
- 12. If the aircraft you are on is hijacked the best way to stay alive is not to attract attention. When hijackers make their move, they are looking for opposition. Anyone who looks like they're trying to stop them is likely to be shot.
- 13. Keep your eyes open, your mouth shut... and don't volunteer for anything!
- 14. If it looks like you going to die fight back.

Disclaimer: This is for informational purpose. We can not be held responsible how you use this information.

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Back to table contents

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Recommended book: Origins of Terrorism: Psychologies,...

Terrorist Groups Profiles

Terrorism Intelligence Threat Assessments

From the Federation of American Scientists, Terrorism Intelligence Threat Assessments.

Non-State Terrorist Groups

From the Federation of American Scientists, Terrorism Intelligence Threat Assessments: Liberation Movements, Terrorist Organizations, Substance Cartels, and Other Para-State Entities.

Terrorist Group Profiles

From Patterns of Global Terrorism. United States Department of State, Groups Listed in Patterns of Global Terrorism, 1999.

Terrorist Group Profiles

Links to Separatist, Para-military, Military, Intelligence, and Aid Organizations pages.

Militia Watchdog

Devoted to Montoring Far Right Extremism. The materials in the Militia Watchdog Archives generally stem from the period 1995-2000.

Militia Groups

From the Milita Watchdog, Links to Home Pages of Militia Groups.

Eco-Terrorism and Animal Rights

Earth Liberation Front

The North American Earth Liberation Front Press Office is a legal, above-ground news service dedicated to exposing the political and social motives behind the covert direct actions of the underground Earth Liberation Front.

Animal Liberation Front

The animal-liberation.net & .com domains and the Frontline Information Service is intended to provide an on-line information service dedicated to the activities of the animal liberation movement in Europe, North America and World-Wide.

Earth First!

From the First Earth! homepage, links to Radical Ecology and Animal Rights Groups.

Ruckus Society

The Ruckus Society provides training in the skills of non-violent civil disobedience to help environmental and human rights organizations achieve their goals.

World Trade Center and Pentagon Attack

America Attacked

From the Washington Post, full coverages on the terrorist attack on New York and Washington.

USAToday Full Coverage

USATodays' full coverages on the terrorist attack on New York and Washington.

World Trade Center and Pentagon Attack

A collection of articles, commentary and news reports on WTC and Pentagon attack from Yahoo's Full New Coverage.

America's New War

A collection of articles, commentary and news reports on WTC and Pentagon attack from CNN.

Osama bin Laden

Osama bin-Laden

ERRI Terrorist Group Profile: Usamah Bin Mohammad Bin Laden (Osama bin-Laden)

Fatwah

Text of Fatwah Urging Jihad Against Americans.

Fatwah

Original Arabic text of the Fatwah of Usama bin Laden and his associates purports to be a religious ruling (fatwa) requiring the killing of Americans, both civilian and military..

Ladenese Epistle

From the Washington Post, Osama bin Laden has published two religious orders seeking to justify violence against Western interests in the Middle East.

Institute for Counter Terrorism

A collection of articles, commentary and news reports on Osama bin Ladin and the U.S. Embassy Bombings, the Attack on the USS Cole, and Islamic terrorist activities from the ICT.

New York Times

A collection of articles, commentary and news reports on U.S. Offensive Against Terrorism and Osama bin Ladin from the New York Times. Access is free but registration is required.

Al-Qa'ida (the Base)

From the Institute for Counter Terrorism, an analysis of Al-Qa'ida, Osama bin Laden's organization.

Yahoo!

A collection of articles, commentary and news reports on Osama bin Ladin from Yahoo's Full New



USS Cole Attack

TERRORISM LINKS AND INFORMATION CITIZENS HOMELAND DEFENSE GUIDE

Coverage.

DoD USS COLE Commission Report

Executive Summary of the Department of Defense USS COLE (DDG 67) Commission Report, 9 January 2001.

Report on USS Cole Attack

House Armed Services Committee Staff Report on the attack against the USS Cole.

USS Cole

Official Navy page on the attack of the USS Cole with images and video.

Homeland Defense

Homeland Defense ANSER

ANSER is a nonprofit public service research institute committed to strengthening both public and private institutions against potential threats from state and non-state actors.

Domestic Preparedness

From the Federation of American Scientists, the Domestic Preparedness page links to US Government documents on Domestic Terrorism, Civil Defense, and Weapons of Mass Destruction.

Terrorism

From the Federation of American Scientists, the Terrorism page links to US Government documents on Foreign and Domesitc Terrorism.

Bioterrorism

Symposium on Bioterrorism: Homeland Defense.

Executive Session on Domestic Preparedness

Reports, Papers, and Case Studies on Domestic Preparedness from Harvard's Executive Session on Domestic Preparedness.

Countering the Changing Threat of International Terrorism

Report from the National Commission on Terrorism, June 2000.

GAO Reports

From the Federation of American, GAO reports on Terrorism.

Bioterrorism Resources

From John Hopkins University, the Center for Civilian Biodefense Studies.

Bioterrorism Resources

From the Association for Professionals in Infection Control and Epidemiology, links to Bioterrorism Resources.

Domestic Preparedness Program

A US Government program to enhance the capabilities of Federal, State, and Local Emergency Responders.

PREEMPT

PREEMPT Medical Counter-Terrorism, Inc. provides training to Emergency Medical Personnel in, response protocols for/to foreign or domestic terrorist attacks using Chemical, Biological and/or Nuclear weapons.

Report on the availability of bombmaking information

The extent to which its dissemination is controlled by federal law, and the extent to which such dissemination maybe subject to regulation consistent with the first amendment to the United States constitution.

Emergency.com

Emergency.com provides Crisis, Conflict, and Emergency Service news, Analysis, and Reference Information aimed at the local government level.

Yahoo!

A collection of articles, commentary and news reports on Domestic and Foreign Terrorism from Yahoo's Full New Coverage.

Weapons of Terrorism

Nuclear, Biological, and Chemical (NBC) Warfare

The purpose of this page is to provide easy access to information related to nuclear, biological, and chemical (NBC) warfare, NBC defense, and domestic preparedness.

Frequently Asked Questions about Biological Weapons and Defense

Note: the information in this document is compiled from public, unclassified sources only. This information is presented for purposes of education, journalism, and as a reference vehicle for the general public.

Terrorist's Handbook

The purpose of this page is to show the many techniques and methods used by those people in this and other countries who employ terror as a means to political and social goals. The techniques herein can be obtained from public libraries, and can usually be carried out by a terrorist with minimal equipment.

Terrorist's Handbook

Another version of the 1960's classic on building weapons found in the home or local hardware store.

ELF Handbooks

From the Earth Liberation Front, handbooks on Arson, Bombs, and Security.

ALF Library

From the Animal Liberation Front, handbooks on Arson, Bombs, and the Fur Industry.

Ruckus Society Training Manuals

From the Ruckus Society, training manuals in the skills of non-violent civil disobedience.

Bad Ideas

Guns, Irresponsible Activities, Explosives, Locks, Rip-Offs, and Scams.

Chemical and Biological Terrorism 101

This page has been brought to you by the fun loving students of Dr. Jones's Chemical Warfare Class. It will eventually describe various aspects of chemical and biological terrorism, its pros and cons, and terrorist actions in both Japan and Iraq.

Terrorist Use of Chemical Weapons

An introduction to the use of Chemical Weapons by Terrorists.

Sarin Nerve Gas

A Comprehensive introduction to Sarin Nerve Gas.

Sarin Nerve Gas

Another Comprehensive introduction to Sarin Nerve Gas.

Yahoo: Chemical and Biological Weapons

The Yahoo page on Chemical and Biological Weapons.

Anthrax as a Biological Weapon

From the Journal of the American Medical Association, To develop consensus-based recommendations for measures to be taken by medical and public health professionals following the use of anthrax as a biological weapon against a civilian population.

Anthrax Page

From the University of Wisconsin-Madison, an analysis of the anthrax threat in the US.

Biomedical Terrorism

From the Houston Academy of Medicine Library, links to pages on bioterrorism.

Medical Management Of Biological Casualties

Biological Casualties

Medical Management Of Biological Casualties Handbook, Fourth Edition, February 2001, U.S. Army Medical Reseach Institute of Infectious Diseases .

Medical Aspects of Chemical and Biological Warfare

Medical Aspects of Chemical and Biological Warfare, Walter Reed Medical Center.

Information Warfare

Cryptome

Cryptome welcomes documents for publication that are prohibited by governments worldwide, in particular material on freedom of expression, privacy, cryptology, dual-use technologies, national security and intelligence.

Cartome

A companion site to Cryptome, is an archive of news and spatial / geographic documents on

privacy, cryptography, dual-use technologies, national security and intelligence.

Attrition.com

Attrition.org is a computer security Web site dedicated to the collection, dissemination and distribution of information about security advisories, cryptography, and denial of service attacks.

Information Warfare

From the Federation of American Scientists, Information Warfare and Information Security on the Web.

GRC Denial of Service Attack

Forensic analysis of the DOS Zombie attack directed against Steve Gibsons' GRC.com.

Denial of Service

Denial of Service (DoS) Attack Resources.

Denial of Service

From the University of Washington, links to pages on Distributed Denial of Service (DDoS) attacks and tools.

Info-War

Info-war.com, reports, papers, and links on cyberterrorism and Information Warfare.

Hacker Quarterly

2600: the Hacker Quarterly

Strategypage.com

James Dunnigan's Stragegy Page.

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Back to table contents

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Recommended book: <u>Combating Chemical, Biological,</u> <u>Radiological, and Nuclear Terrorism</u>

Biological warfare information:

<u>ABC News' Guide to CB Weapons</u> ABC News.Com's comprehensive guide to military and government information on Chem/Bio weapons.

Aerobiological Engineering This site was compiled from a collaborative effort between the Graduate School of Architectural Engineering and the Department of Biology at Pennsylvania State University. Topics include: airborne pathogen database, bioaerosols and bioaerosol dynamics, fungi and bacteria in ventilation systems, Legionnaires disease, the evolution of airborne pathogens, the spread of disease in office buildings, epidemiology for engineers, DNA and the microwave effect, sick building syndrome, bioaerosol sampling and detection, list of airborne pathogens, and airborne pathogen control technologies.

<u>Agroterrorism</u> This sub-section of Center for Nonproliferation Studies - Chemical & Biological Weapons Resource Page provides information on state programs to develop offensive agroterrorist capabilities, a chronology of attacks targeting crops and livestock, and a page providing analyses, legislation, and other links on the subject.

Airborne Pathogen Database This site was compiled from a collaborative effort in aerobiological

engineering at Pennsylvania State University.

America's Struggle with Chemical-Biological Warfare This study tracks events relating to the Department of Defense's CB warfare program between 1968 and 1990, as it evolved up to the Gulf War. It also details how the military develops and procures CB defense equipment to protect today's soldiers. Mauroni draws parallels between the development of binary chemical weapons, the chemical demilitarization program, and the DoD CB terrorism response efforts, as each has very similar issues and solutions. He seeks to educate leading officials and the general public about the facts behind CB warfare and the options for coping with it in the future. With proper training and equipment, the challenge of CB warfare can be met and dealt with on the modern battlefield.

Article: Afraid of Bugs: Assessing our Attitudes Toward Chemical and Biological Terrorism A lengthy editorial by Mark Pitcavage...from the Militia Watchdog. An interesting article that addresses the current attitude of the nation towards CB terrorism.

<u>Article: Biological and Chemical Weapons: Transparent problems, Hidden solutions</u> Written by Luke Bobbitt, Ben Johnson, and Ryan Smith.

Article: Secret Germ Warfare Experiments? 15 May 2000. Part I. CBS News Correspondent Vince Gonzales reports in an exclusive investigation, thousands of U.S. sailors may have been unaware that they were exposed during secret germ-warfare experiments.

<u>Article: Dangerous Exposure?</u> 16 May 2000. Part II. Thousands of U.S. sailors were used as unwitting guinea pigs in secret germ-warfare experiments, according to a Cold War file.

Article: Pentagon To Reveal Biowarfare Tests 20 September 2000. CBS News Correspondent Vince Gonzales reports that during the 1960s, the Pentagon conducted more than 100 secret biological warfare tests at sea. As CBS News first reported back in May, in two of those tests, code-named "Autumn Gold" and "Copper Head," more than a thousand U.S. sailors were sprayed with materials once thought to be harmless.

<u>Article: The Biological Weapon -- A Poor Nation's Weapon of Mass Destruction</u> Battlefield of the Future-21st Century Warfare Issues. Written by Lt Col Terry N. Mayer, USAF.

<u>Article: The Specter of Biological Weapons</u> Scientific American article by Leonard A. Cole. States and terrorists alike have shown a growing interest in germ warfare. More stringent arms-control efforts are needed to discourage attacks.

Article: Bioterrorism Special Report A collection of bioterrorism articles from New Scientist.

Article: The Bioweaponeers A very interesting article written by Richard Preston for the New Yorker

Magazine. The article provides information about Ken Alibek, a.k.a. Dr. Kanatjan Alibekov, First Deputy Chief of Research and Production for Soviet Bioweapons Program.

<u>Article: Chemical and Biological Warfare Unmasked</u> Written by Joseph D. Douglass, Jr., co-author of CBW: The Poor Man's Atomic Bomb. (Source: Wall Street Journal, 2 Nov 95)

Article: Chemical Warfare By POINTS (Mark Monday and Gary Stubblefield)

<u>Article: The Health of Chemical-Biological Defense in the US Military</u> A white paper by the NBC Industry Group, November 1997.

<u>Article: Historical Trends in BioTerrorism: An Empirical Analysis</u> A very interesting article written by Jonathan B. Tucker Monterey Institute of International Studies and published in a special by the Centers for Disease Control and Prevention.

<u>Article: Twenty-First Century Germ Warfare</u> Battlefield of the Future-21st Century Warfare Issues. Written by Lt Col Robert P. Kadlec, USAF.

<u>Article: Biological Weapons for Waging Economic Warfare</u> Battlefield of the Future-21st Century Warfare Issues. Written by Lt Col Robert P. Kadlec, USAF.

<u>Bacteriological Warfare...A Civil Defense Manual</u> A pretty comprehensive manual written by Larry Wayne Harris, R.M. Popular with the Anarchist types....

BioHazard Homepage Site contains detailed information about biological agents.

Biological Integrated Detection System (BIDS) None of the links on this page work yet.....

<u>Biological Warfare/Infectious Diseases References</u> Comprehensive directory of infectious disease resources.

<u>Biological Warfare: A Nation at Risk--A Time to Act</u> Author: Honorable Richard Danzig, Under Secretary of the Navy. The Strategic Forum, National Defense University, provides summaries of work by members and guests of the Institute for National Strategic Studies and the National Defense University faculty.

Bio Warfare Official Site The site provides an overview of biological agents, terrorism, and warfare.

Biological Warfare (Why Files) Real Live Killers - Biological Weapons.

<u>Biological Warfare and Its Cutaneous Manifestations</u> An awesome primer!! Great graphics! From the Electronic Textbook on Dermatology. This article attempts to eliminate some of the mystery of BW by discussing the history and background of biological weapons and by reviewing agents that cause cutaneous disease.

Biological Warfare and the Implications of Biotechnology

Biological Warfare and the Soviet Union

<u>Biological Weapons</u> An essay on biological warfare written by Dr. R. E. Hurlbert, microbiologist. (1997)

<u>Biological Weapons: An Insidious WMD</u> This paper was written by Kalpana Chittaranjan, Research Officer, The Institute for Defence Studies and Analyses, New Delhi, India.

The Black Death In the 14th century a plague spread across Asia, Europe and Great Britain with such virulence that the course of human history changed forever. Leave the present day and travel back 600 years to witness this crucial moment when many believed the end of the world had come. Click on the rat to begin your journey.

<u>Bugs and Gas - NBC information and Resource</u> The site provides general information about NBC and WMD.

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Back to table contents

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Recommended book: <u>Combating Chemical, Biological,</u> <u>Radiological, and Nuclear Terrorism</u>

Chemical warfare information:

- <u>Chemical Agents Overview</u> An overview of chemicals defined as chemical weapons. (Organization for the Prohibition of Chemical Weapons...OPCW)
- CB Weapons
- <u>Chem-Bio.Com</u> Tempest Publishing's Chem-Bio.com is designed to help those on the front lines
 of countering today's chem-bio terrorism threat.
- <u>Chemical and Biological Weapons Nonproliferation Project Stimson Center</u>
- <u>Chemical Warfare</u> Center for Defense Information (CDI) Chemical and Biological Weapons Site. The CDI is an independent, non-profit research organization that monitors military affairs throughout the world.
- Chemical and Biological Warfare Great links...
- <u>Chemical and Biological Warfare: Are the United States Navy and Marine Corps Prepared?</u>
 Author: Nicholas S. Chekan, LCDR, USN, Thesis: The Marine Air Ground Task Force

- (MAGTF), supported by the Navy, would have considerable problems operating in a Chemical and Biological (CB) environment.
- Chemical and Biological Warfare (Chem 450 at Cal Poly, Spring 1996) This page was developed by the students in Chem 450 at Cal Poly, SLO, during Spring, 1996. The goal is to provide an overview of chemical and biological warfare, weapons, and efforts to outlaw them. Topics include: Biological Warfare and Biotechnology, Riot Gases, Chemical Warfare Convention, Nerve Agents, Chemical Warfare in World War I and Ancient Times, Chemical and Biological Warfare in Southeast Asia, Chemical and Biological Terrorism, and CBW in Iran-Iraq War and Gulf War.
- Chemical and Biological Warfare (Chem 450 at Cal Poly, Spring 1998) This page was developed by the students in Chem 450 at Cal Poly, SLO, during Spring, 1998. The goal is to provide an overview of chemical and biological warfare, weapons, and efforts to outlaw them. Topics include: Chemical and Biological Terrorism, Chemical Weapons in the Iran/Iraq War, Chemical Weapons in World War I, Chemical Weapons Disposal, Nerve Agent Detection and Decomtamination, and Chemical Warfare in Southeast Asia.
- <u>Chemical and Biological Weapons Threats to America: Are We Prepared?</u> Copy of prepared testimony presented during a joint hearing before the Senate Judiciary Subcommittee on Technology, Terrorism, and Government Information and the Senate Select Committee on Intelligence.
- Chemical and Biological Weapons-Could It Happen Here? PBS Online Forum (11 Feb 98)
- <u>Chemical and Biological Weapons</u> Links from the Information Resource Center, Canadian Forces College.
- <u>Chemical and Biological Weapons Resource Page</u> CNS information site on CB weapons. Topics include CBW nonproliferation regime, possession and proliferation, CBW terrorism and response, past use and incidents, CB warfare and defense, CW demilitarization, and CBW characteristics.
- Chemical and Biological Weapons: Developments and Destruction
- <u>Chemical and Biological Weapons: Possession and Programs Past and Present Comprehensive</u> site. Courtesy of the Center of Nonproliferation Studies (CNS).
- Chemical Warfare Agent Toxicity
- Chemical Warfare and Chemical Warfare Protection A very informative site from OPCW.
- <u>Chemical Warfare Topical Collection</u> The Chemical Weapons Special Library: The Chemical Weapons Library is a highly-specialized, research-oriented special library. Operating as part of the Institute on the Study of Unconventional Weapons (ISUW) and housed with the Biological Weapons and Nuclear Weapons libraries, the library was created to develop a comprehensive

- source of informational resources on chemical weapons production, development and usage as well as disarmament and arms control efforts.
- <u>Chemical Weapons</u> A basic primer on chemical weapons to include history, general information, and types of chemical weapons.
- <u>Chemical Weapons in the Former Yugoslavia</u> A BBC summary of world broadcasts concerning chemical weapons use in the former Yugoslavia.
- <u>Chemical Weapons Working Group</u> The Chemical Weapons Working Group (CWWG) is an international coalition of citizens living near chemical weapons storage sites in the United States, the Pacific and Russia who will be most affected by the disposal of these munitions. The CWWG mission is to oppose incineration of chemical weapons as an unsafe disposal method and to work with all appropriate decision-making bodies to ensure the safe disposal of these munitions and other chemical warfare and toxic material.
- Chemistry of GA (TABUN)
- Chemistry of GB (SARIN)
- Chemistry of VX
- CIA on Chemical Weapons
- <u>Decontamination of Chemical Warfare Agents</u> An introduction to methods and chemicals for decontamination. A page from the Organization for the Prohibition of Chemical Weapons (OPCW), the Chemical Weapons Convention website.
- Defending Against Invisible Killers -- Biological Agents DefenseLink site
- <u>A Primer on Chemical (Gas) Warfare</u> Very basic in technical content. Source: POINTS -- Project on Insurgency, Terrorism, and Security.
- <u>Dispersal of Chemical Warfare Agents</u> (OPCW) An excellent primer on the dispersal of chemical agents. It describes the influence of weather, terrain, and buildings. Source: A FOA briefing book on Chemical Weapons.
- <u>DoD's Annual Chemical and Biological Defense Report to Congress, March 2000</u> Description and assessment of DoD defense plans in the event of biological or chemical weapons attacks upon the US. (pdf format, requires Adobe Acrobat Reader)
- DoD's Annual Report on NBC (Nuclear, Biological, & Chemical) Defenses, March 1999
 Description and assessment of DoD defense plans in the event of biological or chemical weapons attacks upon the US. (pdf format, requires Adobe Acrobat Reader)

- Gary Tate's Chemical Warfare Links Great page....lots of information and links.
- Gas Warfare in World War I A brief historical overview of chemical warfare in WWI.
- Germ Warfare Incidents A brief synopsis of the history of US germ warfare incidents.
- <u>Hidden Killers: Deadly Viruses</u> Learn all about the basics of viruses, their evolutionary history, their discovery, what vaccines have been developed, and how they may evolve in the future. Find out how viruses infect and how you can prevent infection. Examine profiles of diseases caused by viruses: polio, measles, AIDs, ebola, smallpox, and more. The threat of military and terrorist uses of viruses as biological weapons is also studied at this excellent site.
- <u>Historical Survey of Chemical and Biological Warfare</u> This page provides a historical survey of chemical and biological warfare and discusses the current state of affairs.
- <u>History of Biological Warfare</u> This site provides a historical perspective of biological warfare.
- <u>History of Chemical and Biological Warfare</u> This document provides a short history of biochemical warfare and discusses the current state of affairs.
- Johns Hopkins University Center for Civilian Biodefense Studies The Center for Civilian Biodefense Studies established this Web site as one of its communication tools in helping avert bioterrorism and its devastating effects. Its goal is to educate their colleagues, public leaders, and the traditional response community in the medical and public health aspects of a bioattack. It provides up-to-date information on the biological agents of greatest concern and explores ways to prevent, and respond to their use on civilians. In addition, this site serves as an expanding repository for relevant news, conferences, background reading, and other bioterrorism-related resources.
- "Mad Scientists" South Africa's chemical and biological weapons programme The site provides extensive archives of articles and links relating to the apartheid government's projects and the current trial of their mastermind Dr Wouter Basson, dubbed "Dr Death" by the South African media.
- Microbiology 101: Biological Weapons and Malignant Biology: An Internet Text An awesome site from Washington State University! Check out the text and recent news section. The text includes the history of BW, Definition of Biological Weapons, Advantages and Disadvantages of Biological Weapons, Perfect Biological Weapons, List of Proven and Possible Biological Weapons, Viral and Bacterial Biological Weapons, Biologically Derived Bioactive Substance (BDBS), Genetically Modified BW, Ethnic Bomb, Biological Weapons Delivery, etc.
- Joint Service Chemical-Biological Information System (JSCBIS)
- <u>Background on Biological Warfare</u> Mitretek's primer on biological warfare.
- <u>MycoHerbicides.Net</u> Interesting site... Chemical warfare toxins derived from from genera of fungi being proposed as mycoherbicides against drug crops.
- NBC NCO's Biological, Chem/Bio/Nuclear Anti-Terrorism Page This website has online

information on Chemical/Biological terrorism, lists of terrorist organizations, current information on where agents have been used, and other information vital to surviving in a terrorist attack using chem/bio agents.

- Neuroscience Resources for Kids Nerve Agents Good explanation on how nerve agents work.
- Non-State Actors and Biological Weapons This site in the online version of a dissertation submitted as part of the requirements for a MA Defence & Security Analysis at Lancaster University, UK. This study has its roots in two key events which occurred during the early 1990s. During and after the Second Gulf War 1990-91, there were a series of alarmist revelations regarding Iraq's attempts to acquire weapons of mass destruction (WMD) and when a bizarre and secretive cult known as 'Aum Shinrikyo' (Aum Supreme Truth) launched an attack upon the Tokyo subway system using sarin.
- <u>Plague War-A Report on the Biological Weapon Threat...</u> PBS Online article (Oct 98) on how the Soviet Union secretly amassed an arsenal of biological weapons, FAQs, Anthrax leak of 1979, interviews, etc....
- Plum Island Animal Disease Center The Plum Island Animal Disease Center, operated by a
 division of the Department of Agriculture, is responsible for research and diagnosis to protect US
 animal industries and exports against catastrophic economic losses caused by foreign animal
 disease agents accidentally or deliberately introduced into the United States.
- <u>Sarin Nerve Gas</u> Everything you ever wanted to know about Sarin nerve gas.... history, properties, usage, etc....
- SIPRI CB Warfare Project
- SIPRI Chemical and Biological Warfare
- <u>South African Chemical-Biological Warfare</u> South African apartheid regime involvement and its secret services in external operations involving chemical and biological warfare.
- <u>Soviet Germ War Legacy Lives On (MSNBC)</u> Great video link. For decades, Soviet scientists tested some of the deadliest germs in the world on Renaissance Island in the Aral Sea. Now their work is buried in a shallow, sandy grave -- alive and, according to experts, a major threat to everyone. By Dana Lewis.
- Sverdlovsk-- Bacteriological Tragedy in Sverdlovsk (1979)
- The Tao of Chemical-Biological Warfare This website is intended to present the subject of CBW in a form that is understandable and suitable for mastering the topic. This website concentrates on the operational aspects of CBW... a devise is used that assumes a neutral tone that assumes no

objection to the use of CBW in conflict. The devise is not an endorsement for the use of CBW, just a convenient means to explain how CBW could be used hypothetically.

- Toxins- Potential Weapons from Living Organisms (OPCW)
- Weapons of Mass Destruction in the Middle East Comprehensive CNS site on WMD in the Middle East. A must read!
- Who has Chem-Bio Weapons? Page from the Center for Defense Information's Chem-Bio Weapons Site. The page lists countries that are known to possess or to be actively seeking some form of chem-bio weapons capability.
- Agency for Toxic Substances and Disease Registry USA Prevents exposure and adverse human health effects and diminished quality of life associated with exposure to hazardous substances from waste sites, unplanned releases, and other sources.
- <u>American Chemical Society (ACS) Publications</u> This page serves as an entryway to all of the ACS publications. Subscription information as well as current journal article highlights are available.
- <u>American Institute of Chemical Engineers (AICHE)</u> AIChE is a nonprofit organization providing leadership to the chemical engineering profession. Representing 57,000 members in industry, academia, and government, AIChE provides forums to advance the theory and practice of the profession, upholds high professional standards and ethics, and supports excellence in education.
- <u>ChemDex Chemical Database</u> Sheffield's Chemdex has existed on the WWW since 1993 and exists to maintain an international directory of chemistry on the internet. There are 4050+ links in the Chemdex. Almost any information related to chemistry can be found on this page.
- ChemFinder Searching The ChemFinder WebServer is designed to make it as easy as possible to locate common types of chemical information. You may enter a chemical name, formula, molecular weight, or CAS Registry Number. The ChemFinder WebServer will identify the type of search you want and provide the hits accordingly. It will also allow you to view your chemical structures in ChemDraw or Chem3D. You will need to download the ChemDraw Plugin and/or Chem3D Plugin and use the Plug-In-enhanced version of the ChemFinder WebServer.
- Chemistry SparkNotes Simple and easy-to-understand notes on Chemistry fundamentals.

- <u>CHEMystery</u> Great site! CHEMystery, a virtual chemistry textbook, provides an interactive guide for high school chemistry students. In addition, CHEMystery allows you to further expand your chemistry knowledge by letting you interact with other Internet resources on the World Wide Web.
- <u>The Chemical Engineers' Resource Page</u> This website focuses on chemical engineering information and news.
- <u>Chemistry Teaching Resources</u> This is a comprehensive list of chemistry teaching resources on the Internet. From the Department of Analytical Chemistry, Umeå University, Sweden.
- ChE.Com McGraw Hill's Chemical Engineering magazine online.
- <u>Chemist's Art Gallery</u> The Chemist's Art Gallery contains spectacular visualization and animations in chemistry done at the Visualization and Animation Laboratory at CSC and groups at other locations.
- <u>Chemistry Department Homepage, US Military Academy</u> The homepage includes information about the current faculty, their research interests, course descriptions, and facilities.
- Chemistry Department Homepage, US Naval Academy
- <u>Chemistry Course Notes by Tom Stretton</u> Tom Stretton's Homepage provides information on nuclear chemistry, entropy, organic chemistry, molecular architecture, etc. Great primer for a chemistry novice and good refesher/reference.
- <u>Chemistry of CW Agents</u> Excellent site! Follow the links on the table to find detailed information about CW agents. It provides detailed scholarship on the chemistry of CW agents that is required to understand their demilitarization and their behavior in the environment.
- <u>Chemistry of Lethal Chemical Warfare (CW) Agents</u> Everything you wanted to know about lethal chemical warfare agents (Mitretek)
- <u>Chemistry of Other Military Compounds</u> Everything you wanted to know about other military compounds (Mitretek)
- <u>ChemInfo Searchable Database</u> This database offers comprehensive, summarized occupational health and safety information for chemicals.
- Chemistry Humor: Molecules with Silly or Unusual Names
- <u>ChemSpy.com</u> The Internet Navigator for the Chemical Industry. ChemSpy.com makes the most important Chemistry and Chemical Engineering related www-Databases readily accessible. At

ChemSpy.com you can do general searches choosing from a number of search engines like AltaVista, Yahoo, Lycos etc. You can do specific chemistry related searches using the ChemIndustry.com or the Chemedia.com search engine. ChemSpy.com helps you to find chemistry and chemical engineering related terms, definitions, synonyms, acronyms and abbreviations. Also search forms for finding MSDS/safety data, scientific publications in over 20.000 different journals, physical data of chemical compounds, worldwide patents are available.

- <u>HSELINE Searchable Database</u> HSELINE is a key source of over 184,000 references to the UK Health and Safety Executive (HSE) and other European literature.
- International Chemistry and Science Education Great Site! An important aim of the World Chemistry website is to develop interactive content for chemistry students. For example, students can use the pH sketcher applet to sketch graphs of acid-base titrations on-line and then check their work against a computer generated example. The World Chemistry website is based at the Leipzig International School, Germany. Membership is free and only takes a few seconds to apply. The content of this website is typically suitable for students aged 16 to 19 who are taking advanced chemistry courses. World Chemistry was winner in the education category of the 1998 Pirelli INTERNETional multimedia competition. The competition recognizes developments in multimedia that promote the a world-wide scientific culture.
- Journal of Chemical Education
- <u>Links for Chemists</u> Links for Chemists is an index of over 7,850 chemistry resources on the web. It is the Chemistry section of The WWW Virtual Library.
- MSDS- Chemical Agent Material Safety Data Sheets (MSDS) CBDCOM's MSDS for common chemical agents
- MSDS- Material Safety Data Sheets (MSDS) A great source for MSDS. (University of Kentucky)
- MSDS- Material Safety Data Sheets (MSDS) Where to find MSDSs on the Internet...links to many sites.
- MSDS Searchable Index The MSDS database is a collection of approximately 100,000 MSDSs for chemical product information provided directly from the manufacturer.
- NIOSH Pocket Guide to Chemical Hazards The guide is published by the US Dept of Health and Human Services. It is an excellent reference and will give you some idea of whether or not the C2A1 cannister on a military protective mask will protect you against a particular industrial chemical.
- NIOSHTIC Searchable Database NIOSHTIC is a bibliographical database that provides

comprehensive international coverage of documents on occupational health and safety, as well as related fields.

- <u>NIST Chemistry WebBook</u> NIST Standard Reference Database Number 69 February 2000 Release. The National Institute of Standards and Technology (NIST) uses its best efforts to provide thermochemical, thermophysical, and ion energetics data (compiled by NIST under the Standard Reference Data Program).
- <u>PharmWeb</u> PharmWeb is the first-stop Internet site for pharmaceutical information. It is a structured pharmaceutical information server that services pharmaceutical and health related organizations.
- <u>Possible Mechanisms of Action for Chemical Warfare Gases</u> Excellent paper by Galen Daryl Knight and Vitale Therapeutics, Inc.
- <u>RTECS Searchable Database</u> The NISHTIC Registry of Toxic Effects of Chemical Substances (RTECS) database contains detailed profiles of over 140,000 chemical substances.
- <u>Tom's Free Chemistry Software Reference</u> A comprehensive collection of links to free chemistry-related software on the Internet. You will find programs to balance chemical equations to fitting data from a gle-resolved x-ray photoelectron spectroscopy (ARXPS).
- <u>Top 20 Chemistry Sites</u> This site contains a directory and selection of the best chemistry-related sites on the Internet. It contains links to numerous sites and includes topics as: chem 101, analytical chem, organic chem, biochemistry, physical chem, chromatography, electrochemistry, elements, and polymers.
- <u>U.S. Chemical Safety and Hazard Investigation Board (CSB)</u> The CSB is an independent, scientific investigatory agency. The principal role of the chemical safety board is to investigate accidents to determine the conditions and circumstances which led up to the event and to identify the cause(s) so that similar events might be prevented.
- <u>University of Wisconsin Chemistry Homepage</u> Great page....lots of information and links.
- Vanderbilt Environmental Health and Safety Vanderbilt's site contains information and links
 regarding radioactive licensing and use, industrial hygiene, occupational safety, and food safety.
- <u>WebElement's Periodic Table</u> WebElements aims to be a high quality source of information on the WWW relating to the periodic table. You will find thousands of graphics showing elements structures and periodic properties here. Author: Mark Winter [University of Sheffield, England], Royal Society of Chemistry 1998 HE Teaching Award winner.

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Recommended book: <u>Combating Chemical, Biological,</u>
<u>Radiological, and Nuclear Terrorism</u>

NUCLEAR WARFARE Information

The Nuclear Weapons FAQ (Frequently Asked Questions) Someone named Carey Sublette has taken the initiative to answer whatever questions the rest of us may have regarding nuclear weapons in this FAQ. Since a nuclear exchange is the next escalation of the dialogue between us and Osama bin Laden, these questions and answers may be of interest to some of us. :-) This document is all over the Web, but this link is to one of the best two or three-updated sites where it can be found.

The High Energy Weapons Archive: A Guide to Nuclear Weapons As much as I want to think of the FAS (Federation of American Scientists) as a large, pacifistic pain in the ass, I cannot deny that they are painstakingly objective and complete in their presentation of military and technical facts. I have had occasion to use them when the Department of Defense's own Internet resources have proven either incomplete or unreliable, and so have several authors of official U.S. Department of Defense Web sites and more formal publications.

<u>New Nations in the Nuclear Family</u> - MILNET's page listing the current nuclear powers, those thought to be able to assemble nuclear weapons quickly, and those which can build nuclear weapons but which have promised not to.



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Recommended book: Cyber Terrorism and Information Warfare

Cyber warfare information

infowar.com

Winn Schwartau's Information Warfare site, updated daily with news, views, and other resources

IWS - Information Warfare Site

Regularly updated Information Warfare site with variety of resources

C4I.org

Computer Security and Intelligence

Institute for the Advanced Study of IW

Information Warfare glossary, links, and articles

Terrorism Research Center

Information Warfare portal, database, news, and papers

WarRoom Research

Business and Information Warfare issues

Telepolis Infowar

German-based Information Warfare site

Fred Cohen's

Strategic Security and Intelligence site

Asteq

Information Warfare articles, books, and links to other sites

IW Tutorial

This is a very good tutorial on Information Warfare

TNO Physics and Electronics Laboratory

Information Warfare and Information Security information

Cipherwar

Information Warfare news and views

Shockwave Writers

Some well-known authors books, articles, and lectures here

SANS Institute

System Administration, Networking and Security, various security resources

Plausible Futures

News and analysis for Future Studies and Scenario Based Strategic Planning

FAS Site

Information Warfare and Information Security links on the Web

Air War College

Information Operations and Intel, lots of links

Mario's Cyberspace Station

Information Warfare, Intelligence and Counterintelligence, older links, doesn't seem to be regularly updated

Marko's IW Site

Another student's Information Warfare webpage, hasn't been updated for some time

Cyber warfare links and information. Citizens homeland defense gudie.

Vmyths.com

Views about the myths and hoaxes of computer security

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Recommended book: The Worst-Case Scenario Survival Handbook

DOMESTIC PREPAREDNESS

- <u>Air Force HAZMAT Page</u> An Air Force site that contain MSDS. They appear to be working towards getting the TOMES, Haystack, and OSHA databases online for registered users.
- ANSER's Homeland Defense Site Analytic Services, Inc. (ANSER) has initiated a Homeland Defense Strategic Thrust a cornerstone strategy upon which ANSER intends to support the national security community. They intend to implement their vision of enhancing public safety by helping the nation identify and develop strategies, plans, and capabilities to address 21st-century threats...chemical, biological, radiological, nuclear, and cyber (CBRN/C) attacks against the United States. The specific requirements of prevention, deterrence, and detection are critical components of the readiness equation that require further attention.
- <u>Article: Consequence Management: Domestic Response to WMD</u> Written by Chris Seiple published in Parameters (Autumn 97).
- <u>Article: Nonconventional Terrorism: Chemical, Nuclear, and Biological</u> Written by Boaz Ganor and reprinted by the International Policy Institute for Counter Terrorism (ICT).
- <u>Center for the Study of Bioterrorism and Emerging Infections</u> The center is located at the Saint Louis University, School of Public Health. It strives to provide a comprehensive and coordinated

training and preparedness program across the full continuum of public health activities in the United States to protect Americans from both the intentional use of biological agents and emerging infections.

- Center for Domestic Preparedness (CDP) The Office of Justice Programs' Center for Domestic Preparedness (CDP) provides a unique environment and opportunity to offer specialized advanced training to state and local emergency responders in the management and remediation of incidents of domestic terrorism, especially those involving chemical agents and other toxic substances. Colocated with the CDP is the U.S. Public Health Service's Noble Hospital Training Center. The Public Health Service's training will focus on medical community responses to terrorist events.
- The Center for National Response Research Planning Incorporated (RPI) is spearheading an endeavor to establish a WMD Consequence Management (CM) and Counterterrorism (CT) Training and Testing Facility and Program at the Memorial Tunnel in West Virginia. This unique facility will provide a location for WMD CM/CT and hazardous materials (HAZMAT) training, exercises, evaluation, and testing of equipment and first response apparatus.
- <u>Chemical and Biological Terrorism: The Threat According to the Open Literature</u> Canadian Security Intelligence Service. Author: Ron Purver, Strategic Analyst, Unclassified, June 1995.
- Chemical Emergency Preparedness and Prevention Office (CEPPO), Environmental Protection Agency EPA's CEPPO provides leadership, advocacy, and assistance to: 1) Prevent and prepare for chemical emergencies; 2) Respond to environmental crises; and 3) Inform the public about chemical hazards in their community.
- Consequence Management Interoperability Services (CMIS) CMIS is a collaborative effort among government and responder agencies. The objective of CMIS is to provide an interactive portal to information aiding prevention, planning, preparedness, response, and recovery from terrorist activities involving weapons of mass destruction (WMD).
- <u>Counterterrorism and Incident Response</u> Countering terrorism and responding to incidents
 involving weapons of mass destruction. R-Division, Lawrence Livermore National Laboratory,
 focuses on the application of technologies and operational capabilities to deal with WMD
 emergencies or terrorist incidents. They work with the Department of Energy, the Los Alamos
 and Sandia national laboratories, and the various local, state, and federal agencies involved in
 responding to WMD threats and incidents.
- <u>Department of Energy Office of Emergency Response</u> When the need arises, DOE is prepared to respond immediately to any type of radiological accident or incident anywhere in the world with seven radiological emergency response assets.
- Disaster-Resource.com The Disaster-Resource website offers multiple forms of information for

responding to manmade and natural catastrophes: articles, products for responding to emergencies, weblinks, book reviews, and an extensive list of upcoming events in disaster management.

- <u>Domestic Preparedness Defense Against WMD</u> Paper (published in CALL) prepared by CBDCOM that focuses on lessons collected from planning, developing, and implementing the Nunn-Lugar-Domenici legislation which provides assistance to state, federal, and local emergency responders across the US in preparing for and responding to terrorist incidents involving WMD.
- <u>Domestic Preparedness.Com</u> A new homepage on domestic preparedness.
- <u>Disaster Preparedness Community Homepage</u> (MSN Public Community) This page is dedicated to and designed for anyone who has ever served as either an Air Force Disaster Preparedness (AFSC 242X0/05XX) Specialist or Officer, or CE Readiness(3E9X1) Technician. Here you can share opinions, ideas, or just find an old friend.
- Emergency Management Institute (EMI) by FEMA EMI serves as the national focal point for the development and delivery of emergency management training to enhance the capabilities of Federal, State, and local government officials, volunteer organizations, and the private sector to minimize the impact of disasters on the American public. Instruction focuses on the four phases of emergency management; mitigation, preparedness, response, and recovery.
- Emergency Response Guidebook (ERG2000) The Emergency Response Guidebook (ERG2000) was developed jointly by the US Department of Transportation, Transport Canada, and the Secretariat of Communications and Transportation of Mexico (SCT) for use by firefighters, police, and other emergency services personnel who may be the first to arrive at the scene of a transportation incident involving a hazardous material. It is primarily a guide to aid first responders in (1) quickly identifying the specific or generic classification of the material(s) involved in the incident, and (2) protecting themselves and the general public during this initial response phase of the incident. The ERG is updated every three years to accommodate new products and technology.
- <u>EmergencyNet</u> Sponsored by the Emergency Response and Research Institute. This site provides fire, police, and EMS emergency response/news/information to include to CB weapon incidents.
- Emergency Response to CB Terrorist Incidents Article by Clark L. Staten, Executive Director of ERRI.
- Executive Session on Domestic Preparedness (ESDP) The ESDP is a standing task force of leading practitioners and academic specialists concerned with terrorism and emergency management. Sponsored by the John F. Kennedy School of Government, Harvard University, and the U.S. Department of Justice, the ESDP brings together experts with operational experience in

diverse professional fields related to domestic preparedness – emergency management, law enforcement, fire protection, public health, emergency medicine, national security and defense, and elected office.

- Federal Emergency Management Agency (FEMA) Homepage
- First Responders in WMD Consequence Management This link provides information on supporting first responders (police/fire) in a domestic terrorist NBC situation. The author is recognized in the fire-fighting community as a leading authority in WMD response.
- <u>Hazardous Materials Operations Page</u> Excellent source for current news article wrt hazardous materials and and domestic response to CB/WMD incidents and attacks. Reference links included.
- <u>HAZ/MAT DQE</u> HAZ/MAT DQE is the most experienced provider of specialized hazardous materials and WMD (weapons of mass destruction) training and equipment in the United States. Systems have been installed/trained at Tripler AMC, HI; Evans ACH, Ft Carson; Brooke AMC, Ft Sam Houston, TX; Gen Leonard Wood ACH, Ft Leonard Wood, MO; Irwin ACH, Ft Riley, KS; and Ireland ACH, Ft Knox, KY.
- <u>Homeland Defense Homepage</u> The National Guard in support of first responders..... this page provides an overview, legislation, references, etc. for the how the National Guard will support state, local & federal authorities in domestic emergencies related to the Homeland Defense initiative.
- <u>Infowar's Weapons of Mass Destruction Homepage</u> Weapons of mass destruction are becoming the weapons of choice among terrorist organizations and some governments. Infowar keeps you up to date on news and developments in this arena.
- <u>Journal of Homeland Defense ANSER</u> now produces its own online journal (free to all). The journal is a professional quality publication with well-written articles. The journal also includes a commentary section, interviews, "Ask the Experts," and book reviews. The interviews with Ken Alibek and William Patrick in this month's issue are noteworthy. Authors may submit a one-page proposal for review and comment, or completed works ranging from 2,000-5,000 words.
- <u>Links to other State Emergency Management Agencies</u> This site provides an easy to use page that links to each state's Office of Emergency Management.
- National Domestic Preparedness Office Homepage The clearinghouse for state, local and federal weapons of mass destruction information and assistance. Their mission is to coordinate all federal efforts, including DoD, FBI, FEMA, DHHS, DoE, and EPA, to assist state and local emergency responders with planning, training, equipment, and exercise needs necessary to respond to a weapon of mass destruction (WMD) incident.
- <u>National Emergency Response and Rescue Training Center (NERRTC)</u> NERRTC is charged to design, develop and deliver training for state and local emergency first responders (EFRs). This

training combines classroom work, field exercises, virtual reality and computer-aided simulations to train individuals and jurisdictions how to prepare for and respond to terrorist acts involving the use of weapons of mass destruction (WMD) and other special incidents.

- <u>National Fire Protection Association</u> The NFPA is the organization that sets standards for responding to hazardous material incidents.
- The National Emergency Response and Rescue Training Center (NERRTC) NERRTC was established to help federal, state and local officials, including law enforcement, firefighters, emergency medical personnel, and key agencies such as public works and emergency management, prepare for and respond to chemical, biological, or other terrorist acts.
- National Response Team (NRT) Home Page NRT is a federal component of the National Response System (NRS). The NRS is the federal governments mechanism for emergency response to releases of chemicals and discharges of oil.
- <u>National Response Center (NRC) Home Page</u> The NRC is the sole federal point of contact for chemical and oil spills.
- North American Emergency Response Guide (NAERG) Annex A of this guidebook provides details on potential risks, public safety, emergency measures, recommended evacuation/exclusion zones for both day and night, etc.
- Office for State and Local Domestic Preparedness Support (OSLDPS) OSLDPS was created to
 assist state and local response agencies throughout the United States prepare for incidents of
 domestic terrorism. There are five ways OSLDPS, offers assistance to emergency response
 agencies: financial assistance, training, technical assistance, assessment, and exercises.
- Oklahoma City National Memorial Institute for the Prevention of Terrorism The Institute is dedicated to counterterrorism research, analysis, and public education.
- <u>Protect and Survive Web Site</u> An extensive archive of UK civil defence material dating from the 1950s to the 1980s. Excellent source of information.
- Rapid Response Information System (RRIS-FEMA) RRIS can be used as a reference guide, training aid, and an overall planning and training resource for response to a chemical, biological and/or nuclear terrorist incident. The RRIS is comprised of several databases, consisting of chemical and biological agents' and radiological materials' characteristics, first aid measures, Federal response capabilities, Help Line, Hotlines, and other Federal information sources concerning potential weapons of mass destruction.
- Report: First Annual Report to the President and Congress on the Advisory Panel to Assess
 Domestic Preparedness (Download in pdf format)

- <u>Report: DoD Report to Congress (1 May 1997)</u> Domestic Preparedness Program in the Defense Against Weapons of Mass Destruction
- <u>SBCCOM Program Director's Site for Domestic Preparedness</u> SBCCOM serves as the program director and coordinator of a federal interagency team (DOD, DOE, EPA, FBI, FEMA, PHS) for domestic preparedness.
- Terrorism Is America Prepared? National Governors Association (NGA) Paper

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Recommended book: Anthrax, a Practical Guide for Citizens:...

Anthrax Information

What is Anthrax bacteria?

Daily updated news on anthrax outbreaks

All about anthrax

U.S. Center for Disease Control anthrax page

<u>US Center for Disease Control bioterrorism page.</u> It is important to note that there are several other potentially dangerous germ warfare agents besides anthrax.

Bioterrorism and other anthrax information and links

Anthrax prevention and treatment

Information on Palm Beach, FL anthrax outbreak from the Palm Beach Post

Anthrax bacteria Flash animation (requires Flash plug-in)

How inhaled anthrax can be lethal

US F.B.I. Field Office contact information

US preparedness and response to biological terrorism

US Department of Defense Anthrax Vaccination Program.

Anthrax frequently asked questions

Anthrax biological warfare information

Anthrax antibiotic information

More antibiotic information

US Postal Service response to alleged anthrax transmissions

Anthrax information at CNN

ApoxProject.net - Biowarfare Info Internet "Community"

We make no claims as to certify the accuracy and legitimacy of the information presented here nor endorse the statements or content on Web sites linked from this page. The information and links were added as a public service and were not solicited to us by any of the agencies nor was permission granted to do so.

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Recommended book: The American Red Cross First Aid and safety

First Aid and Emergencies American Medical Association

<u>Library of First Aid Resources</u> Mayo Clinic

<u>CPR Training Online</u> LearnCPR.org

First Aid and CPR Classes and Training American Red Cross

<u>First Aid References</u> MedicineNet

<u>First Aid Kit Buyers Guide</u> First Aid Only

First Aid Guide First Aid Only

Choking Prevention and First Aid for children and infants American Association of

Pediatrics

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Recommended book: Terror Over America

We can't endorse all this sites but they are good prophecy sites.

Primary Prophecy Sites

100Prophecies.com

Details on 100 Biblical prophecies, past and present

666 Watch

Articles and links about the Mark of the Beast

According To Prophecy Ministries

Evangelist Donald Perkin's site with information about Bible Conferences, and their radio and television ministries. Their message is to focus men and women on the Blessed Hope of Jesus Christ and His imminent return.

Amazing Bible

Thousands of pages of commentaries, helps, information, news and more about the Bible and about prophecy.

Apocalypse Soon

Prophecy information in various languages. So far English and Italian are supported, but among the other translations they plan to offer are French, German, and Spanish.

Atlantis Station

Good information and a variety of links

Awake Ministries

Information about the Midnight Herald Newspaper, and good articles about coming persecution.

Bible Desk

Content-rich site for prophecy and general Bible study as well.

Bible Prophecy Resource Center

Commentaries, maps, charts, arts, and more.

Bible Prophecy Truth

This site emphasizes the Judgment Seat of Christ and The Millennium.

Calvary Chapel of Jerusalem

See Pastor Bradley Antolovich's Weekly Newsletter - "This Week in Jerusalem"

Come and See

Interesting perspective

Cutting Edge Ministries

This site is devoted to information about The New World Order. It contains over 100 transcripts from their popular radio program.

Lambert Dolphin's Resource Files

Dolphin's interests range from science and archaeology to Israel and prophecy. This is one of the most informative and most popular sites on the net!

Endtime Prophets

Lori Eldridge's research on misleading prophetic voices of our times.

FYI - Israel In the News

Posting of their weekly Email newsletter which focuses on current events as they relate to Israel.

The Gates

Website for Hatikva Ministries - Jewish feasts, The Temple, The Red Heifer

God's News Behind The News

Support site for Ray Brubaker's Television ministry

Grant R. Jeffrey Ministries

Books, videos, audio products, and intelligence background articles by this best-selling author.

Hal Lindsey Oracle

Features news, analysis and commentary by best-selling author and TV host, Hal Lindsey.

HARPAZO

State of the Art Graphics and great content! This site, maintained by by Keith & Laurie Burgin, sets a high standard for excellence.

Hope For The World

Spotlights the ministry of author and speaker, Gary Kah.

Jeremiah Project

This is a call to repentance and preparation. Various topics related to prophecy are considered. An extensive list of other prophecy sites is included.

Koenig's Watch

News and articles of prophetic interest

Koinonia House

Find a wealth of useful information from Chuck Missler. His unique approach and insights make him one of the most popular teachers of our time. The new website includes audio files. Selected articles from Personal Update, read by 100,000 subscribers, are also available.

Jack Kinsella

Notes and commentary from the author of *Is This The Eternal Generation?*

Tim LaHaye Ministries

Info about Left Behind, The Pre-Trib Research Center and other prophecy topics

Tim LaHaye School of Prophecy

Lamb and Lion Ministries

Helpful articles about various aspects of prophecy and links to other sites.

Last Days Journal

Prophetic information from a conservative Christian perspective

Zola Levitt

Browse through current and back issues of the Levitt Letter for valuable insights from one of the most respected prophecy teachers.

David Allen Lewis Ministries

Newsletters, current news, resources and other helpful information from this very popular writer and speaker.

Midnight Call

Edited by Arno Froese, this site provides information from their excellent magazine as well as plans for upcoming conferences and trips to Israel.

Midnight Cry Ministries

Find helpful information from back issues of their "Midnight Cry Messenger."

New World Order Intelligence Update

Read excerpts from startling books and articles about the invisible forces pushing us toward a one-world government.

The Night Watchmen

Prophecy resource page

Pre-Trib Perspectives

Part of According To Prophecy Site featuring the work of Tommy Ice

Prophecy and Current Events

Excerpts from ``Prophecy and Current Events," which is published bimonthly by: "To His Glory Ministries."

Prophecy Bible Study

The Rapture, Tribulation, Second Coming and Millennium

The Prophecy Center

News, articles, and special features about prophecy

PROPHECY CENTRAL

A World of Information about Biblical Prophecy. (Our own site, in case you came to this page directly.)

Prophecy In The News

J.R. Church's impressive contribution to the field..

The Prophecy Network

The Bible Prophecy Connection - Interviews, audio messages, charts, and more.

Prophecy News

Current news and archives section. aka Millennium News, Daily Bread.

Prophecy on Line - Grant Jeffrey Ministries

Jeffrey offers current intelligence notes relating to prophecy and information about his many books, tapes and videos.

Prophecy On The Web

This is a clearing house for prophecy, including evaluation of other web sites that deal with Bible Prophecy.

Prophecy Starting Point

New look for what used to be Hal's Bible Prophecy Page. Good articles, extensive links, and even music!

Prophecy Update

Valuable links to news events by prophecy categories. Articles, commentaries and more.

Prophecy Update and Bible Study

Attractive format- various aspects of prophecy

Prophetic Witness Movement International

Solid Premillennial articles and info about their monthly magazine, Your Tomorrow

PropheZine

Don't miss this award-winning E-zine devoted to Biblical Prophecy. All back issues are also available.

Raptos

Articles and Current events relating to prophecy

Rapture Ready

This is Todd Strandberg's popular site which keeps track of current events as they relate to the Rapture. It includes "Nearing Midnight" and "Rapture Index." These pages are always up to date.

Temple Mount

Outstanding pictures and articles about the past, present, and future of the Temple. This site highlights scientific and archaeological research about the location of the First and Second Jewish Temples, and explores various possibilities about the location of the coming Temple. Maps are also included.

The UPC and The "Mark"

Information about Bar Codes

Trumpet Sounds

Good source of articles and links from Bob Westbrook, prophecy editor.

Jack Van Impe Ministries

Browse through past issues of the Van Impe Intelligence Briefing and articles from the monthly magazine, *Perhaps Today*, hear and see multimedia clips, and order materials from this prolific writer and television commentator.

Watchmen

Helpful information in an attractive format. This site also includes charts.

Watchmen For Jesus

News of prophetic interest, special reports and links

Week End

This outstanding service gives current news as it relates to prophecy and links to similar sites. It offers an amazing amount of helpful, concise information in a very attractive format. It also features relevant discussion groups and a prayer room.

Weekend News Today

WHOA! What Does Your Future Look Like?

Prophecy: Fact or Fiction? A practical, straight-forward explanation of future events, featuring the teaching of several excellent Bible scholars.

Ankerberg Theological Research Institute

This is a list of prophecy study resources available from John Ankerberg's organization. From here you may also check out their latest article on "Current Events."

Ariel Ministries

You can find Arnold G. Fruchtenbaum's helpful materials here.

Astrology: The Myths and Legends

Shirley Ann Miller, a former astrologist urges caution in this area of study

Berean Call, The

Dave Hunt is editor of this site.

Biblical Prophecy Archives

Good articles- from the Harbor Club

Biblical Studies Foundation

Dedicated to putting quality biblical research and study materials on-line.

Bridges for Peace

A Christian organization in Israel which provides help to immigrants and a message of hope for God's chosen people.

Calvary Baptist

Helpful articles trace the chronology of the Tribulation.

Countdown...to the Millennium

Judy Gregerson's interesting site

Deception One World Religion

A well-illustrated page about New Age Religion in the light of prophecy.

Digital Berean

Good Bible study site. Includes a section on the Millennium and Pre-Trib articles

God Code Prophecy Page 1998

Includes a free downloadable program you can use.

Hebraic Heritage Ministries

Shows Old Testament roots of Christianity and prophetic implication of Jewish festivals and observances.

Hope For Today

David Hocking's radio Bible teaching ministry and link to CD-ROM on Revelation

Institute of Theological Studies

Correspondence courses, articles, and more from Dr. Himie M. Pickett

International Christian Network Cyberspace

See their sections called "Revelation File News Service" - Wally Wood

International Fellowship of Christians and Jews

This group is helping to fulfill the prophecies of Jeremiah 16:14-15 by successfully raising awareness and financial support among Christians for the emigration of Soviet Jews to Israel. See their section called "On Wings of Eagles."

Land of Promise

Outsanding multi-media site from Israel which blends the history, present information and future of Israel. The editor is Stan Goodenough.

Looking4Hope.Com

A general Christian start page with good prophecy information too!

Modern Christian Ministries

See the section called "Turning Point."

Nancy's Page

A good example of personal interest in prophecy and evangelism.

Northrup's Biblical Nuggets

Bible Study aids from Bernard E. Northrup Th.D

Sonserver.com

Not finished yet, but an attractive format for End Times information.

Theological Essays

Excellent articles by David Williams pertaining to eschatology and holiness.

The American Research Institute

Products and information about the new world order.

The Pattern and The Prophecy

Information about a book by James Harrison

The Promise of Glory

Helpful news notes of prophetic importance in their Intelligence Briefing section.

Transition Research

Good article from Wally Wood, and links to news sources.

The Y Files

Prophecy articles mixed with other topics of interest.

Yes Lord Ministries

Downloadable Bible Study lessons from the Book of Revelation

777 Net

Enter "prophecy" in their search field.

Armageddon Books

Their list is conveniently broken into categories

Best of The Christian Web

See their prophecy category. They also have reviews on certain prophecy pages.

Bible_Prophecy-L

From here you can subscribe to their Email List on the subject of prophecy.

Bible Prophecy Research

Online books and other media are reviewed and recommended to further enhance prophecy study in the Word of God.

Christian Bookmarks

This is a very helpful list of excellent sites.

Christian Connections/Christian Resources

A thorough list of Christian resources with a special section on prophecy.

Christian Topics

Check Eschatology and Prophecy categories.

Christianity.Net Search

Enter "prophecy" in their search field.

Cool Sites To Visit

Scroll down to the section called "Christian and Biblical Prophecy"

CrossSearch

Choose the Prophecy category or enter "prophecy" in their search field.

END -(E)chatology (N)ext (D)oor

A long list of prophecy sites without comments.

Fish Net

Enter "prophecy" in their search field.

Fishermen's Net

A good list of Bible Prophecy Resources

Graham's Christian Links

Good prophecy sites included, "each with its own jar of anointing oil."

Internet For Christians

This outstanding service provides reviews on all types of Christian sites. To find prophecy sites, use their search function.

Notes on Revelation

edited by Moza - Includes articles and books online.

Philologos

Includes online prophecy books

Prophecy On The Web

Larry Pahl's extensive list with notes. Includes various points of view.

Rob's Christian Sites - Prophecy

Their mission is to provide an index of the best Christian web sites available.

Rick Adkins's End Time Links

Several categories from which to choose. Many links.

The Bible Prophecy Page

Unique rating system showing what to expect before going to the various sites listed. The Ultimate Deception- Links

This is a good, long list!

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Here is a quick reports you can read from 3rd party source. Read at your on discretion. Thank you.

The "Real" Deal about Nuclear, Bio, and Chem Attacks by SFC Red Thomas (Ret)

Since the media has decided to scare everyone with predictions of chemical, biological, or nuclear warfare on our turf I decided to write a paper and keep things in their proper perspective. I am a retired military weapons, munitions, and training expert.

Lesson number one: In the mid 1990's there were a series of nerve gas attacks on crowded Japanese subway stations. Given perfect conditions for an attack less than 10% of the people there were injured (the injured were better in a few hours) and only one percent of the injured died. 60 Minutes once had a fellow telling us that one drop of nerve gas could kill a thousand people, well he didn't tell you the thousand dead people per drop was theoretical. Drill Sergeants exaggerate how terrible this stuff was to keep the recruits awake in class (I know this because I was a Drill Sergeant too).

Forget everything you've ever seen on TV, in the movies, or read in a novel about this stuff, it was all a lie (read this sentence again out loud!)!

These weapons are about terror, if you remain calm, you will probably not die. This is far less scary than the media and their "Experts," make it sound.

Chemical weapons are categorized as Nerve, Blood, Blister, and Incapacitating agents Contrary to the hype of reporters and politicians they are not weapons of mass destruction they are "Area denial," and terror weapons that don't destroy anything. When you leave the area you almost always leave the risk. That's the difference; you can leave the area and the risk; soldiers may have to stay put and sit through it and that's why they need all that spiffy gear.

These are not gasses, they are vapors and/or air borne particles. The agent must be delivered in sufficient quantity to kill/injure, and that defines when/how it's used. Every day we have a morning and evening inversion where "stuff," suspended in the air gets pushed down. This inversion is why allergies (pollen) and air pollution are worst at these times of the day.

So, a chemical attack will have it's best effect an hour of so either side of sunrise/sunset. Also, being vapors and airborne particles they are heavier than air so they will seek low places like ditches, basements and underground garages. This stuff won't work when it's freezing, it doesn't last when it's hot, and wind spreads it too thin too fast. They've got to get this stuff on you, or, get you to inhale it for it to work. They also have to get the concentration of chemicals high enough to kill or wound you. Too little and it's nothing, too much and it's wasted.

What I hope you've gathered by this point is that a chemical weapons attack that kills a lot of people is incredibly hard to do with military grade agents and equipment so you can imagine how hard it will be for terrorists.

The more you know about this stuff the more you realize how hard it is to use.

We'll start by talking about nerve agents. You have these in your house, plain old bug killer (like Raid) is nerve agent. All nerve agents work the same way; they are cholinesterase inhibitors that mess up the signals your nervous system uses to make your body function. It can harm you if you get it on your skin but it works best if they can get you to inhale it. If you don't die in the first minute and you can leave the area you're probably gonna live. The military's antidote for all nerve agents is atropine and pralidoxime chloride. Neither one of these does anything to cure the nerve agent, they send your body into overdrive to keep you alive for five minutes, after that the agent is used up. Your best protection is fresh air and staying calm. Listed below are the symptoms for nerve agent poisoning.

Sudden headache, Dimness of vision (someone you're looking at will have pinpointed pupils), Runny nose, Excessive saliva or drooling, Difficulty breathing, Tightness in chest, Nausea, Stomach cramps, Twitching of exposed skin where a liquid just got on you.

If you are in public and you start experiencing these symptoms, first ask yourself, did anything out of the ordinary just happen, a loud pop, did someone spray something on the crowd? Are other people getting sick too?

Is there an odor of new mown hay, green corn, something fruity, or camphor where it shouldn't be?

If the answer is yes, then calmly (if you panic you breathe faster and inhale more air/poison) leave the area and head up wind, or, outside. Fresh air is the best "right now antidote". If you have a blob of liquid that looks like molasses or Kayro syrup on you; blot it or scrape it off and away from yourself with anything disposable. This stuff works based on your body weight, what a crop duster uses to kill bugs won't hurt you unless you stand there and breathe it in real deep, then lick the residue off the ground for while. Remember they have to do all the work, they have to get the concentration up and keep it up for several minutes while all you have to do is quit getting it on you/quit breathing it by putting space

between you and the attack.

Blood agents are cyanide or arsine which effect your blood's ability to provide oxygen to your tissue. The scenario for attack would be the same as nerve agent. Look for a pop or someone splashing/spraying something and folks around there getting woozy/falling down. The telltale smells are bitter almonds or garlic where it shouldn't be. The symptoms are blue lips, blue under the fingernails, rapid breathing. The military's antidote is amyl nitride and just like nerve agent antidote it just keeps your body working for five minutes till the toxins are used up. Fresh air is the your best individual chance. Blister agents (distilled mustard) are so nasty that nobody wants to even handle it let alone use it. It's almost impossible to handle safely and may have delayed effect of up to 12 hours. The attack scenario is also limited to the things you'd see from other chemicals. If you do get large, painful blisters for no apparent reason, don't pop them, if you must, don't let the liquid from the blister get on any other area, the stuff just keeps on spreading. It's just as likely to harm the user as the target. Soap, water, sunshine, and fresh air are this stuff's enemy.

Bottom line on chemical weapons (it's the same if they use industrial chemical spills); they are intended to make you panic, to terrorize you, to herd you like sheep to the wolves. If there is an attack, leave the area and go upwind, or to the sides of the wind stream. They have to get the stuff to you, and on you. You're more likely to be hurt by a drunk driver on any given day than be hurt by one of these attacks. Your odds get better if you leave the area. Soap, water, time, and fresh air really deal this stuff a knock_out_punch. Don't let fear of an isolated attack rule your life. The odds are really on your side.

Nuclear bombs. These are the only weapons of mass destruction on earth. The effects of a nuclear bomb are heat, blast, EMP, and radiation. If you see a bright flash of light like the sun, where the sun isn't, fall to the ground!

The heat will be over a second. Then there will be two blast waves, one out going, and one on it's way back. Don't stand up to see what happened after the first wave; anything that's going to happen will have happened in two full minutes.

These will be low yield devices and will not level whole cities. If you live through the heat, blast, and initial burst of radiation, you'll probably live for a very very long time. Radiation will not create fifty foot tall women, or giant ants and grass hoppers the size of tanks. These will be at the most 1 kiloton bombs; that's the equivalent of 1,000 tons of TNT.

Here's the real deal, flying debris and radiation will kill a lot of exposed (not all!) people within a half mile of the blast. Under perfect conditions this is about a half mile circle of death and destruction, but, when it's done it's done. EMP stands for Electro Magnetic Pulse and it will fry every electronic device for a good distance, it's impossible to say what and how far but probably not over a couple of miles from ground zero is a good guess. Cars, cell phones, computers, ATMs, you name it, all will be out of order.

There are lots of kinds of radiation, you only need to worry about three, the others you have lived with for years. You need to worry about "Ionizing radiation," these are little sub atomic particles that go whizzing along at the speed of light. They hit individual cells in your body, kill the nucleus and keep on

going. That's how you get radiation poisoning, you have so many dead cells in your body that the decaying cells poison you. It's the same as people getting radiation treatments for cancer, only a bigger area gets radiated. The good news is you don't have to just sit there and take it, and there's lots you can do rather than panic. First; your skin will stop alpha particles, a page of a news paper or your clothing will stop beta particles, you just gotta try and avoid inhaling dust that's contaminated with atoms that are emitting these things and you'll be generally safe from them.

Gamma rays are particles that travel like rays (quantum physics makes my brain hurt) and they create the same damage as alpha and beta particles only they keep going and kill lots of cells as they go all the way through your body. It takes a lot to stop these things, lots of dense material, on the other hand it takes a lot of this to kill you.

Your defense is as always to not panic. Basic hygiene and normal preparation are your friends. All canned or frozen food is safe to eat. The radiation poisoning will not effect plants so fruits and vegetables are OK if there's no dust on em (rinse em off if there is). If you don't have running water and you need to collect rain water or use water from wherever, just let it sit for thirty minutes and skim off the water gently from the top. The dust with the bad stuff in it will settle and the remaining water can be used for the toilet which will still work if you have a bucket of water to pour in the tank.

Finally there's biological warfare. There's not much to cover here. Basic personal hygiene and sanitation will take you further than a million doctors. Wash your hands often, don't share drinks, food, sloppy kisses, etc., ... with strangers. Keep your garbage can with a tight lid on it, don't have standing water (like old buckets, ditches, or kiddie pools) laying around to allow mosquitoes breeding room. This stuff is carried by vectors, that is bugs, rodents, and contaminated material. If biological warfare is so easy as the TV makes it sound, why has Saddam Hussein spent twenty years, millions, and millions of dollars trying to get it right? If you're clean of person and home you eat well and are active you're gonna live.

Overall preparation for any terrorist attack is the same as you'd take for a big storm. If you want a gas mask, fine, go get one. I know this stuff and I'm not getting one and I told my Mom not to bother with one either (how's that for confidence). We have a week's worth of cash, several days worth of canned goods and plenty of soap and water. We don't leave stuff out to attract bugs or rodents so we don't have them.

These people can't conceive a nation this big with this much resources. These weapons are made to cause panic, terror, and to demoralize. If we don't run around like sheep they won't use this stuff after they find out it's no fun. The government is going nuts over this stuff because they have to protect every inch of America. You've only gotta protect yourself, and by doing that, you help the country.

Finally, there are millions of caveats to everything I wrote here and you can think up specific scenarios where my advice isn't the best. This letter is supposed to help the greatest number of people under the greatest number of situations. If you don't like my work, don't nit pick, just sit down and explain chemical, nuclear, and biological warfare in a document around three pages long yourself. This is how

we the people of the United States can rob these people of their most desired goal, your terror.

SFC Red Thomas (Ret) Armor Master Gunner Mesa, AZ

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Brigade Quartermasters Bargain Center. 100's of items on sale every day.

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Internet Related	Investments
Magazines	Member Programs
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Back to table contents	



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